

Sprint and Long Hurdles Coach & Athlete Development Days 2010-11

At Sutton Arena Leisure Centre

Run by renowned hurdles coaches Judy Vernon,
Lorna Boothe and Marina Armstrong.
Coaches are invited to attend these development
days at Sutton Arena to help improve coaching skills
with fellow hurdles coaches.

Upcoming Winter Dates:

Sunday 10 October
Sunday 7 November
Sunday 5 December
Sunday 6 February
Sunday 6 March

All sessions run from 9.45am –
12.30pm



Coaches are invited to bring athletes who meet the qualifying standards. Athletes will be charged £5 per session, plus admission fee. For further information and to reserve your space, please contact Lorna Boothe, surreydevelopment@yahoo.co.uk

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